



Old Orchard Beach/Saco Adult & Community Education

Learning for Better Living

Directions to All Sites – Spring / Summer 2018

Banded Horn Brewing Co., 332 W Main St., Bldg #13W Ste #102, Biddeford, ME 04005 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take a right onto Rt 1. Get in left lane and go straight through six sets of lights, over railroad tracks, over the bridge and up the hill to Main St., Biddeford. Banded Horn is the 1st right, just after Portland Pie Company.

Barreled Souls, 743 Portland Rd., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 2B off ramp. Barreled Souls is about 1 mi. down on the right, past Seacoast RV and across from CITGO. From Portland area: Take Rt. 1 into Saco, passing Funtown/Splashtown USA. Barreled Souls is on the left, just after NAPA Auto Parts and across from CITGO.

Dirigo Brewing Company, 28 Pearl St., Biddeford, ME 04005 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take a right at end of ramp onto Main St. At 4th light, by Dyer Library bear right onto Elm St. Follow through three lights and over bridge. Take a left at railroad overpass onto Lincoln St in Biddeford. Take the 1st left onto Pearl St. Drive to the very end (follow the road to the river). Look right and you will see the Dirigo Brewing Company sign and mural.

Dunegrass Golf Club, 200 Wild Dunes Way, OOB, ME 04064 From I-95: Exit 36 OOB/Saco. Take Portland Rd/Rt 1, Exit 2B. Once on Rt 1, travel north 0.1 miles to Ross Rd (bear right at lights). Turn right onto Ross Rd. and travel 2 miles to Dunegrass entrance at Wild Dunes Way. Turn right on Wild Dunes Way and proceed 0.8 miles to the clubhouse on the right.

Elements Books, Coffee, Beer, 265 Main St., Biddeford, ME 04005 710-2011 From I-95: Exit 32 Biddeford. At lights take a left onto Alfred St. At 4th set of lights take a left onto Elm St. Follow to 3rd light and take a right onto Main St. Elements is on your right, on the corner of Main and Jefferson Sts. On street parking only.

Ever After Mustang Rescue/Bush Brook Stables, 463 West St., Biddeford, ME 04005 284-7721 From I-95: Exit 32 Biddeford. At lights take a left onto Alfred St. Get into right lane. Follow to 4th set of lights, go straight at lights onto West St. Follow West St about 5 miles. Ever After Mustang Rescue is on the left.

Foundation Brewery, 1 Industrial Way, Portland ME 04103 From I-95: Exit 48. Take a right onto Riverside. Follow to lights and take a left onto Industrial Way. Follow to #1, Foundation will be on the right.

Go Driving, 239 Main St., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. At end of ramp, take right onto Rt 1. Get in left lane and go straight through five sets of lights onto Main St. Go Driving is on your left, in the same block as Agren's Appliance. Enter building in the front and go upstairs to Go Driving. On street parking available.

Jameson Elementary, 20 Jameson Hill Rd., OOB, ME 04064 From I-95: Exit 36 OOB/Saco. Continue straight past all exits to rotary bearing to the left onto Saco Ave/Rt 5 (7-11 on right). Follow about 1 mi. Just before lights take a left onto Jameson Hill Rd. Jameson Elementary is the 2nd school on the right. Turn into the 2nd drive (between white house and school). Park in side lot; enter through door on side of school, facing lot/woods, leading to gym.

Kusum Institute Yoga, 12 ½ Pepperell Square, Saco, ME 04072 590-9800 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take a right onto Rt 1. Get in left lane and go straight through five sets of lights onto Main St. At next light (by Rapid Ray's), take a left into Pepperell Square. Immediately on the left, there is a three-story brick building with a green awning reading 'Saco Frame Shop' and 'Blue Elephant'. Enter the building through the door to the right of the Blue Elephant. Follow signs to Kusum Institute Yoga.

MaineHealth Care at Home, 15 Industrial Park Rd, Saco ME 04072 From I-95: Exit 36 OOB/Saco, Exit 1 Industrial Park Rd. At lights take a left onto Industrial Park Rd. Follow to number 15 on the left. Park in main lot and go into main entrance and let receptionist know you are there for the class and someone will come down to bring you to the classroom.

Mike Luchetti's Shop, 14 King St., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take a right onto Rt 1, get in the left lane. Go straight through 2 lights. At next light, by Thornton Academy, take left onto King St. 14 King is the 2nd drive on the left. Park in the driveway.

Moody's Nursery & Garden Center, 82 Ferry Rd., Saco, ME 04072 From I-95: Exit 36 OOB/Saco. Take Exit 1 Industrial Park Rd. Turn left at the stop sign onto Industrial Park Rd. Follow to traffic lights and take a left onto North St. Follow to traffic lights going straight through two sets of lights onto Beach St. Beach becomes Ferry Rd. Moody's is about 1 mi. down on the left, just after Laurel Hill Cemetery.

Oceanwood, 17 Royal St., OOB, ME 04064 From I-95: Exit 36 OOB/Saco. Continue straight past all off ramps, stay in right lane and go straight at the 'rotary' onto Temple Ave, 7-11 will be on your left. After crossing the railroad tracks, take your 4th right onto Royal St. Oceanwood is straight ahead. *Lobby*: Enter the building and wait in the lobby, the instructor will direct you to the proper classroom.

OOB High School, 40 E E Cummings Blvd., OOB, ME 04064 From I-95: Exit 36 OOB/Saco. Continue straight past all off ramps to 'rotary' bearing to the left onto Saco Ave/Rt 5 (7-11 on right). Follow to lights and take left onto E Emerson Cummings (Fire/Police Depts. on right). High School is about .25 mi. down on right. Enter at *triple blue* doors on the right. See sign at Adult Ed Office for room info.

Rising Tide Brewing, 13 Fox St., Portland, ME 04101 From 295 N: Take Exit 7 Franklin St. in Portland and follow to Fox St. Take a left onto Fox, Rising Tide is on the left.

Saco Learning Center, 80 Common St., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take right onto Rt 1 and get in left lane, go straight through 5 sets of lights onto Main St. At the next set of lights (by Rapid Ray's), take a left into Pepperell Sq. Go through the square (bearing left over speed bump) onto Common St., to # 80, on your left, JUST before the railroad overpass and across from Bartlett St.

Saco Police Department, 20 Storer St., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. At end of ramp, take right onto Rt 1. Get in left lane and go straight through five sets of lights onto Main St. Storer is the 5th street on the right. Police Department will be on the left. Park in the front parking lot of the PD or along Storer St. Enter building at lobby and ask desk officer to direct you to the classroom.

Saco Sport & Fitness, 329 North St., Saco, ME 04072 284-5953 From I-95: Exit 36 OOB/Saco, Exit 1 Industrial Park Rd. Follow ramp to lights and take left onto Industrial Park Rd. Follow to lights at 112/Buxton Rd. and take a right. The health club is less than 0.1 miles on the right.

Samudra Studio, 200 Main St., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take a right onto Rt 1. Get in left lane and go straight through five sets of lights onto Main St. Samudra is located across the street from Rapid Ray's. On street parking available.

Stepping Stones To Wellbeing, North Dam Mill, 2 Main St., Ste #18-122, Biddeford, ME 04005 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take a right onto Rt 1. Get in left lane and go straight through seven sets of lights, over tracks and across bridge. Take 1st right into the North Dam Mill complex. Enter building where the 20-foot "Main Entrance" sign is located. Instructor will meet you in the lobby at 6 PM. Otherwise, enter 2nd door at entrance and go down stairs (on the right), take 1st right and go down hall to the 3rd door on the left. If you get lost, call 205-2521.

Vic & Whit's, 206 Main St., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. At end of ramp, take right onto Rt 1. Get in left lane and go straight through five sets of lights onto Main St. Located on the corner of Storer and Main Sts., almost across from Rapid Ray's. On street parking available.

Young School, 36 Tasker St., Saco, ME 04072 From I-95: Exit 36 OOB/Saco, Exit 1 Industrial Park Rd. At lights take a left onto Industrial Park Rd. Follow to lights and take a left onto Rt. 112 / North St. Follow about .25-.50 mi. to Tasker St., on right. Young is 1st building on left. Enter through the doors on side of building, facing parking lot. Go down hall, take 1st left and go straight ahead to cafe/gym.

Your Own Wellness, North Dam Mill, 2 Main St., Bldg. 18 Ste #120, Biddeford, ME 04005 From I-95: Exit 36 OOB/Saco, Exit 2A Saco/Downtown. Take right onto Rt 1. Get in left lane and go straight, through six sets of lights, over railroad tracks, down the hill and over bridge. Take immediate right into North Dam Mill. Enter the building at the glass vestibule. Dr. Potvin will meet you outside of the Back to Basics Cafe.