



Old Orchard Beach/Saco Adult & Community Education

Learning for Better Living

Directions to All Sites – Winter 2018

Banded Horn Brewing Co., 332 W Main St Bldg #13W Ste #102, Biddeford, ME 04005 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Get in left lane and go straight through six sets of lights, over railroad tracks, over the bridge and up the hill to Main St., Biddeford. Banded Horn is the first right, just after Portland Pie Company.

C K Burns School, 135 Middle St., Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Get in left lane and go straight through three sets of lights. Take your second left, onto Summer St and the first right onto Middle St. CK Burns is on the left. Park in the right-hand SIDE lot. Enter at side entrance (right parking lot). Gym is on the right.

Elements Books, Coffee, Beer, 265 Main St., Biddeford, ME 04005--710-2011 From I-95, Exit 32, Biddeford. At lights take a left onto Alfred St. At fourth set of lights take a left onto Elm St. Follow to third light and take a right onto Main St. Elements is on your right, on the corner of Main and Jefferson Sts. On street parking only.

Fairfield School, 75 Beach St., Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take right onto Route 1. Get in left lane and go straight through five sets of lights, onto Main St. Take the first left (just before Most Holy Trinity) onto School St. Continue straight through both STOP signs, following around the curve. Fairfield School is at the bottom of the hill on the left.

Gym/cafe: From main entrance, take a left into the gym/cafe.

Kusum Institute Yoga, 12½ Pepperell Square, Saco, ME 04072--590-9800 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Get in left lane and go straight through five sets of lights onto Main St. At next light (by Rapid Ray's), take a left into Pepperell Square. Immediately on the left, there is a three-story brick building with a green awning. Enter through the door to the right of the Blue Elephant. Follow signs to Kusum Institute Yoga.

Noc Darkroom @ Engine, Inc., 128 Main St., Biddeford, ME 04005 From I-95, Exit 36, OOB/Saco, Exit 2A Saco/Downtown. Take a right onto Route 1. Follow through six sets of light, over train tracks, down the hill and over the bridge into Biddeford. Follow road, bearing right at intersection, remaining on Main St. Noc Darkroom/Engine Inc is on your right--if you see Bangor Savings you have gone a little too far. Please enter through main entrance on Main St.

OOB High School, 40 E E Cummings Blvd., OOB, ME 04064 From I-95, Exit 36, OOB/Saco. Continue straight past all off ramps to "rotary" bearing left onto Saco Ave/Route 5 (7-11 on right). Follow to lights, turn left onto E Emerson Cummings (Fire/Police on right). High School is about .25 mi. down on right. Enter at triple blue doors on the right.

Saco Learning Center, 80 Common St, Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Get in left lane and go straight through five sets of lights onto Main St. At next light (by Rapid Ray's), take a left into Pepperell Square. Follow Common St through the square (bearing left over speed bump) to 80 Common St on your left; JUST before the railroad overpass and across from Bartlett St.

Saco Police Department, 20 Storer St, Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Get in left lane and go straight through five sets of lights onto Main St. Storer is the fifth street on the right. Police Department will be on the left. Park in the front parking lot or along Storer St. Enter building at lobby and ask desk officer to direct you to the classroom.

Saco Sport & Fitness, 329 North St, Saco, ME 04072--284-5953 From I-95, Exit 36, OOB/Saco, Exit 1. At lights take a left onto Industrial Park Rd. Follow to lights and take a right. The health club is less than 0.1 miles on the right.

Samudra Studio, 200 Main St., Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Get in left lane and go straight through five sets of lights onto Main St. Samudra is located across the street from Rapid Ray's. On street parking available.

Thornton Academy, 438 Main St., Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Thornton is about a quarter mile down on the right after. Enter building under bell tower. Go through doors on left. Computer lab is the first room on right.

Vic & Whit's, 206 Main St., Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take a right onto Route 1. Get in left lane and go straight through five sets of lights onto Main St. Vic & Whit's™ is located on the corner of Storer and Main Sts., almost across from Rapid Ray's. On street parking available.

Young School, 36 Tasker St., Saco, ME 04072 From I-95, Exit 36, OOB/Saco, Exit 1. At lights take a left onto Industrial Park Rd. Follow to lights and take a left onto Rt. 112 / North St. Follow about .25-.50 mi. to Tasker St., on right. Young is first building on left. Enter through the doors on side of building, facing parking lot. Go down hall, take first left and go straight ahead to cafe/gym.

Your Own Wellness, 2 Main St Bldg 18 Ste #120, Biddeford, ME 04005 From I-95, Exit 36, OOB/Saco, Exit 2A, Saco/Downtown. Take right onto Route 1. Get in left lane and go straight, through six sets of lights, over railroad tracks, down the hill and over bridge. Take immediate right into North Dam Mill. Enter the building through the glass vestibule. Dr. Potvin will meet you outside of the Back to Basics Cafe.