



Learning for Better Living

# Old Orchard Beach/Saco Adult & Community Education

## Materials List – Fall 2018

**Basic Hand Sewing:** Basic sewing kit of sharp fabric scissors, pack of hand sewing needles and glass head pins, 6-12 inch metal ruler, pencil or marking pen.

**Beginner American Sign Language:** *Signing Illustrated Expanded* by Mickey Flodin ISBN-13: 978-0399530418 or ISBN-10: 039953041X (approx. \$15, Amazon).

**Golf Beginner I/II/Intermediate:** Weekly ball fee of \$4. Sneakers or golf shoes. No jeans or T-shirts allowed. Collared shirts required.

**Beginner Guitar:** Nylon or steel stringed acoustic guitar, picks (plectrums), an electronic tuner and the book *Hal Leonard Method Complete Set with CD* (approx. \$20-\$25).

**Beginning Digital Photography:** DSLR camera, fresh batteries, a memory card and your questions! Recommended: Laptop computer.

**Certified Residential Medication Aid Certificate Program:** *The Pill Book* ISBN# 9780553593563 (approx. \$10, Amazon or Nonesuch Books) and a 2-3 inch 3-ring binder. \$100 fee, for medication pass, is payable to the instructor at the time of your scheduled test.

**Chickadee Painted Glass Bottle or Block:** Acrylic paint brushes: #2 Filbert, 1/4 inch angle or flat and #10/0 thin liner.

**Chunky Hand Knit Blanket:** Minimum of two skeins, Zituop Super Chunky Yarn suggested (approx. \$13/skein on Amazon).

**Early American Penny Rug:** Purchase a kit (\$20-\$75, dependent on design), payable to the instructor in class, containing a unique selection of pre-washed and hand-dyed wools, patterns, design suggestions, and even the embroidery needle and threads! Visit [www.jconnerhookedrugs.com](http://www.jconnerhookedrugs.com) to view patterns and email the instructor specifying your choice. Bring a bag lunch and small sharp fabric scissors.

**Flamenco Foundations Dance Workshop:** Wear clothing you can comfortably move in (athletic pants/leggings and a tank/tee, or long loose skirt), flamenco shoes, character or sturdy shoes with a thick, low heel and no tread. Men may wear flamenco boots or dress shoes (no tread).

**Halloween Printmaking:** 11x14 inch Strathmore or Canson printmaking paper pad, Speedball linoleum carving tool, MOO Carve Carving Blocks or Staedtler Mastercarve 4x6 inch or larger (slightly smaller than your paper) and 2 carving blocks (approx. \$20-\$30).

**Intro to Astrophotography:** DSLR or advanced compact digital camera capable of manual exposures preferably with a bulb exposure mode and a tripod. Recommended: Cable release or remote shutter release, fast aperture lens in the f/1.4 to f/3.5 range and a headlamp.

**Intro to Drawing:** Drawing pad, pencil-charcoal, soft or extra soft vine; Strathmore charcoal paper and a gum or kneaded rubber eraser (approx. \$20).

**Intro to Landscape Photography:** DSLR or advanced compact digital camera and a tripod.

**Intro to Water-Based Oils & Acrylics:** Acrylic Gesso, nylon brushes made for acrylics or water-based oil, both flat and round bristle (1/2 inch & 1 inch); two soft hair brushes #6 and #10, painting knife, water container, paper towels/rags and a palette of all primary colors and white and black (in either acrylics or water-based oils). Any of the following: illustration board, heavy paper, mat board scraps, canvas, canvas board, masonite or even brown craft paper. Optional: Burnt Sienna, Burnt Umber and Raw Umber. Materials approx. \$30-\$40.

**Introduction to the German Language:** *Easy German Step-by-Step* by Ed Swick, ISBN 978-0071840477 (approx. \$14 on Amazon).

**Miniature Worlds with Close-up Photography:** DSLR or advanced compact with macro mode and a tripod. Recommended: Cable release or remote shutter release and an external flash.

**Modern Dowsing:** Please bring your own pendulum or rods. Some practice tools will be available to purchase for \$5.

**Open Scrap Section I thru IV:** Bring your scrapping tools, adhesive, a snack or lunch. Optional basic scrapbook class from 9-11 AM for an additional \$10 materials fee and payable to the instructor.

**Piano 101:** *Alfred's Basic Adult All-in-One Course, Book 1* by Willard A Palmer ISBN: 978-0882848181 (approx. \$17 on Amazon. Students should have access to a keyboard for practice between classes.

**Prize Winning Pies:** Bring one 9 inch glass pie plate, a foil-lined box/tray to transport pie and an apron.

**Slate Painting:** Acrylic brushes 1/8 inch & 1/4 inch Deerfoot Stipplers, #0 or #10/0 thin liner, #2 Filbert, 1/2 or 3/4 inch flat or angle.

**The Art of Shibori Dyeing:** One non-bulky fabric item (can be clothing) no larger than 4 x 4 feet, made of 100% natural fiber: cotton, cashmere, or silk and one pair of heavy-duty plastic gloves (to protect hands). You will be dyeing outside so dress appropriately (dark clothing or something you would not mind getting dye on).

**Watercolor Basics:** 1 sm tube ea: Cadmium Yellow (light), Cobalt Blue, Alizarin Crimson, 1 Round #10 watercolor brush, 1 inch wide flat brush, 1 #2 pencil, 1 eraser, 1 light board or piece of cardboard and two sheets of Arches watercolor paper, 140 lb. cold press (approx. \$25-\$30).

**Watercolor Batik on Rice Paper:** Watercolor brushes #0 or #1 liner, #4 & #8 round, large 3/4 inch flat or angle and an Ultra-Fine Black Sharpie. Students may purchase extra matting, in limited colors, for \$3-\$5, payable to the instructor.

**Wooden-Based Storage Basket with Ceramic Handles:** Kits are \$30 each, payable to the instructor in class. Bring sharp pair of scissors, container to hold water and spring style clothespins.