



Learning for Better Living

Old Orchard Beach/Saco Adult & Community Education

Materials List – Spring / Summer 2018

Beginner Digital Photography with your Digital SLR: DSLR camera, fresh batteries, memory card, and your questions! Recommended: Laptop computer.

Beginner Golf I/II: A weekly ball fee of \$4. Sneakers/golf shoes, no jeans or T-shirts. Collared shirts required.

Beginning French: *Easy French Step by Step* by Myrna Bell Rochester (published by McGraw Hill), ISBN: 978-0-07-164221-7 (approx. \$13 on Amazon).

Certified Residential Medication Aid: *The Pill Book* ISBN# 9780553593563 (approx. \$7, available at Walmart) and 2-3-inch 3-ring binder. **\$100 fee**, for medication pass, is payable to the instructor at the time of the test (to be scheduled between instructor and student).

Drawing Basics - Beginners & Beyond: 11 x 14 drawing pad (or bigger), pencil-charcoal pencil, medium vine or willow and compressed charcoal and a gum or kneaded rubber eraser (approx. \$20).

Figure Studies in Charcoal: Please bring two 18 x 24 Newsprint Pads (100 sheets), hard & soft charcoal, paper blending stumps, kneaded eraser, white eraser, shammy, and a 18 x 24 heavy Bristol Pad for finished pieces (approx. \$40-\$50).

Folk Art Rug Hooking: Choose a small mat or chair pad from a variety of simple kits which include everything needed: hook, instructions, design suggestions, binding, burlap, hoop and a selection of one-of-a-kind heirloom and hand-dyed wools (\$41-\$60, payable to instructor in class). Review the designs/kits at www.jconnerhookedrugs.com, and email the instructor, jconnerhookedrugs@gmail.com, specifying your choice(s). Bring a bag lunch and sharp fabric scissors, if you have some.

How to Play Mah Jongg: The 2018 National Mah Jongg League card of standard hands, available for \$8 at www.nationalmahjonggleague.org. The card changes annually and all players start using the new card on April 1st.

Indoor/Outdoor Gardens & Containers: Participants will pay Moody's approx. \$50, depending on materials, to cover soil, plants and container costs.

Intermediate Golf: A weekly ball fee of \$4. Sneakers/golf shoes, no jeans or T-shirts. Collared shirts required.

Intro to Pastels: an assorted pastel set, artist's paper tape, drawing board, 18 x 24 sheet of pastel paper, plastic eraser, and workable fixative (approx. \$60).

Maine Landscapes in Acrylics: 9 x 12 Palette Paper - 40 sheet, 12 x 16 pad of canvas paper, variety of brushes in stiff hog and soft sable (round, pointed round, flat, filbert, flat angled, fan, pointed detail), acrylic paint in black, white, ultramarine blue, platho blue, red, light cadmium yellow, yellow ochre, burnt umber, and green as an optional color; small palette knife, pencil, eraser, small spray bottle for water and 2 land/seascape photos-either printed or on screen (approx. \$40-\$50).

Modern Dowsing: The instructor will provide practice tools and some will be available to purchase for \$5.

Outboard Motor Repair I/II: Replacements parts available from instructor at time of use for a minimal cost.

Outdoor Adventures in Watercolor: 1 small tube each: Cadmium Yellow, Lemon Yellow, Cobalt Blue, Cerulean Ultramarine, Cadmium Red, and Alizarin; 1 Round #10 watercolor brush, 1 drawing pencil HB basic #2, 1 eraser, 1 light board or piece of cardboard and several sheets of Arches watercolor paper, 140 lb. cold press, and a portable watercolor easel, and folding chair (optional) (mats. approx. \$40-\$50).

Patio Planters & Container Gardens: Participants will pay Moody's approx. \$50, depending on materials, to cover soil, plants and container costs.

Seed Starting: Participants will pay Moody's \$10 to cover soil, seeds, and trays.

Sensory Evaluation for Brewing Beer: Attendees are responsible for purchasing their flight (approx. \$8-\$10).

The Art of Shibori Dyeing: one non-bulky fabric item, no larger than 4 x 4 feet made of 100% natural fiber: cotton, cashmere, silk or hemp. We will be going outside for part of the class, so please dress appropriately and bring a snack or bag lunch.

The Exploding Memory Box: bring personal mementos to include in your box: photos, ticket stubs, menus, letters, etc.

Watercolor Basics: 1 small tube each: Cadmium Yellow (light), Cobalt Blue, Alizarin Crimson, 1 Round #10 watercolor brush; 1" wide flat brush, 1 drawing pencil #3B, 1 eraser, 1 light board or piece of cardboard and two sheets of Arches watercolor paper, 140 lb. cold press (approx. \$25-\$30).