



Learning for Better Living

Old Orchard Beach/Saco Adult & Community Education

Materials List – Winter 2018

Advanced Watercolor: Prerequisite: Watercolor Basics. Please bring: 1 sm tube ea: Cadmium Yellow (light), Lemon Yellow, Cadmium Yellow (medium), Cerulean Blue, Cobalt Blue, Cadmium Red (medium), Alizarin Crimson, Ultramarine (or French Ultramarine), Burnt Umber, Burnt Sienna (Cotman or Grumbacher watercolor hues are OK); 1 Round #12 watercolor brush; 1 drawing pencil #3B; 1 eraser; 1 light board or piece of cardboard; one sheet of Arches watercolor paper, 140 lb. cold press; and a water jar (approx. \$40-\$50). Portland's Art Mart or Artisan Craftsman recommended.

American Sign Language: *Signing Illustrated Expanded* by Mickey Flodin ISBN-13: 978-0399530418 or ISBN-10: 039953041X (approx. \$15, Amazon).

Chalk Paint Your Furniture or Kitchen Cabinets: Small portable piece of furniture (no more than 4 spindles) or wooden craft to paint -- clean items thoroughly using a degreasing soap like Dawn -- and a one cup sample, mixed in the color you love, of flat low-primer paint (Home Depot BEHR Premium Plus flat sheen 8 ounce samples recommended. They will mix-in your color choice.). Wear your painting clothes/apron and bring a small drop cloth.

Circle of Knitters: A pair of wooden #8 straight needles with worsted yarn to start.

Folk Art Rug Hooking: Reserve your small mat or chair pad design-look at the kits at www.jconnerhookedrugs.com, and email the instructor specifying your favorite. Kit, including all needed supplies, is \$41-\$60, payable to instructor in class. Please bring a bag lunch and sharp fabric scissors, if you have some.

How to Use Your Digital Camera: Please bring your compact digital camera or DSLR, manual, fresh batteries, and all of your questions about digital photography.

Knit with Your Arms: Required: Three balls of bulky or super bulky weight yarn. Lion's Brand Wool Ease or Lion's Brand Hometown USA is suggested.

Painting Glassware: Clear, dishwasher-safe wine glass. Fine to medium-sized acrylic paint brushes (approx. \$10-\$15).

Painting Your Travel Journal: Please bring a Moleskin sketchbook and your travel photos.

Play the Ukulele!: Required: Soprano, concert, or tenor-size ukulele (no baritones please), an electronic tuner, and music stand. Bring a loose-leaf notebook, pencil, eraser, and highlighter. Duncan can advise you concerning brands, prices, styles and sizes as well as recommend local shops where you can buy a good beginners uke.

Spanish for Beginners: *Easy Spanish Step-By-Step* by Barbara Bregstein, ISBN 978-0071463386 (approx. \$12, Amazon).

The Art of Printmaking: Bring a 8x10" Strathmore printmaking paper pad, or Canson printmaking paper, Speedball linoleum carving tool, MOO Carve Carving Blocks or Staedtler Mastercarve 4x6" or smaller, as well as inspiration images (approx. \$20-\$30). Optional: Speedball water-soluble block printing ink in a color of your choosing, black provided.

Watercolor Basics: Please bring 1 sm tube ea: Lt. Cadmium Yellow, Cobalt Blue, Alizarin Crimson (Cotman or Grumbacher watercolor hues OK), 1 Round #12 watercolor brush; 1 drawing pencil #3B; 1 eraser; 1 lt board or piece of cardboard; 1 sheet of Arches watercolor paper, 140 lb. cold press (approx. \$25-\$30). Portland's Art Mart or Artisan Craftsman recommended.